

Ration Pack Presentation 2014



Sizani Foods is a specialist, nutritional food manufacturer and supplier to hunger relief organizations, military and catering facilities in Southern Africa – since 1995. Our aim is to provide highly nutritious food at the lowest possible prices to feeding schemes and projects in Africa, to enable these partner organizations to provide even more meals, with better nutrition, to those in need. We supply meals to more than 45 000 children and adults per day (15 million meals a year) through our partner feeding organizations.

Sizani Foods operates from a HACCP Compliant, FSSA 2200 certified, and HALAAL compliant production facility and warehouse in Midrand, Johannesburg, South Africa. We distribute in most provinces in South Africa, through a network of distribution warehouses and independent agents, and to several countries on the African Continent.



Alpha Zero Consultants is a highly driven and dynamic consultation services company with extensive international experience in various fields. We seek perfection in all services rendered.

By finding and creating solutions which are innovative, pragmatic and adaptive, we offer global professional turn-key solutions and client-oriented services to our clients.

Our staff has abundant experience on the African continent and throughout the Middle East. We believe in listening carefully to our clients' needs and seek to be responsive to specific, often unique requirements and preferences.

A Ration Pack, also known as a field ration, or combat ration, is a pre-packed parcel of food that is easily prepared in the field and is specifically sized to provide meals for a predetermined period (e.g.. 24 hours). Ration packs are commonly used in:

- Deployed military units,
- Refugee camps,
- Aid agencies for their field workers
- Disaster relief operations.

One needs to take cognizance of various important factors in the construction of the ration pack for the ration pack to be effective in the above variable circumstances. Factors such as:

- Total mass of the ration pack
- Total Kilojoule load for specific user conditions.
- Cultural preferences
- Preparation convenience and time
- Available water
- Cost

We are able to custom design and pack just about any ration pack to suit any circumstances and budget, but we have listed a range of popular ration packs in this presentation. These are:

Grade A Ration Packs

24 hour pack – 8 variants

Grade B Ration Packs

24 hour pack – 4 variants

Grade C Ration Packs

24 hour pack – 4 variants

Disaster Relief Pack

3 day pack – 1 variant

Aid Worker Weekly Pack

7 days – 1 variant

Our ration can also be packed with only Halaal certified food items on request. 3

Most of our ration packs are packed in a strong plastic re-sealable zip-loc pouch, as used in many military units around the world, including the US Military. These can be made color specific, but are usually “bush green” or “brown” to blend into the environment when troops are deployed. We are also able to pack into a cardboard carton and/or a tray that is then shrink wrapped in a durable plastic.

The advantages of the plastic re-sealable zip-loc pouch are:

- It packs flatter in a back pack with no awkward sharp edges.
- It is easier to carry.
- It weighs less compared to a cardboard carton.
- The zip-loc pouch is reusable as a water resistant holder for maps, GPS, Radio etc.

The Advantages of a cardboard carton are:

- The pack is rigid and can protect the contents better against impact shock
- The cardboard can be used to start a cooking fire.



3 Day Pack



24 Hour Pack

Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Strawberry)

Lunch Meal

Precooked Chicken Pasta & Veg 400g x 1 *

Snack Pack

Dried Fruit – Orange Cubes 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Biscuits 4's x 1
Cheese 35g x 1
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Knife/fork/spoon set x 1
Matches Pack x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Beef & Vegetable Soup 20g x 1

Evening Meal

Precooked Beef Curry & Veg 300g x 1 *
Precooked BBQ Brown rice 200g x 1 *

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 3
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt sachet x 1



Shelf Life: minimum 1 year

Total Mass: 1.87kg

Total Kilojoules: 12 200

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Vanilla)

Lunch Meal

Precooked Veg & Cream Cheese Pasta 400g x 1 *

Snack Pack

Dried Fruit – peaches 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Biscuits 4's x 1
Cheese 35g x 1
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Knife/fork/spoon set x 1
Matches Pack x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Chicken & Vegetable Soup 20g x 1

Evening Meal

Precooked Chicken Livers in Savoury Sauce 300g x 1*
Precooked Samp & Beans 200g x 1 *

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 3
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt sachet x 1

Shelf Life: minimum 1 year
Total Mass: 1.88kg
Total Kilojoules: 12 140
Packed: Ziploc Pouch or Cardboard tray
Quantity per case : 12 units
Case Dimensions: 300 x 300 x 450
Pallet Quantity: 42
20ft Container: 630
40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Banana)

Lunch Meal

Precooked Macaroni & beef 400g x 1 *

Snack Pack

Dried Fruit – Apricots 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Biscuits 4's x 1
Cheese 35g x 1
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Knife/fork/spoon set x 1
Matches Pack x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Cream of Mushroom Soup 20g x 1

Evening Meal

Precooked Classic Chicken Stew 300g x 1 *
Precooked Stiff Maize (Pap) 200g x 1 *

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 3
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt sachet x 1



Shelf Life: minimum 1 year

Total Mass: 1.85kg

Total Kilojoules: 12 090

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Strawberry)

Lunch Meal

Precooked Macaroni & Mince 400g x 1 *

Snack Pack

Dried Fruit – Raisins 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Biscuits 4's x 1
Cheese 35g x 1
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Knife/fork/spoon set x 1
Matches Pack x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Vegetable Soup 20g x 1

Evening Meal

Precooked Steak & Beans 300g x 1 *
Precooked Rice 200g x 1 *

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 3
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt sachet x 1



Shelf Life: minimum 1 year

Total Mass: 1.85kg

Total Kilojoules: 12 106

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Banana)

Lunch Meal

Precooked Beef with Samp & Beans 400g x 1 *

Snack Pack

Dried Fruit Peaches 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Biscuits 4's x 1
Cheese 35g x 1
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Knife/fork/spoon set x 1
Matches Pack x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Cream of Tomato Soup 20g x 1

Evening Meal

Precooked Curry Chicken & Veg 300g x 1 *
Precooked BBQ Brown Rice 200g x 1 *

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 3
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt sachet x 1



Shelf Life: minimum 1 year

Total Mass: 1.86kg

Total Kilojoules: 12 100

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Strawberry)

Lunch Meal

Brown Lentils , Bean & Veg Stew 400g x 1 *

Snack Pack

Peanut & Raisins 50g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Biscuits 4's x 1
Cheese 35g x 1
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Knife/fork/spoon set x 1
Matches Pack x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Beef Soup 20g x 1

Evening Meal

Precooked Beef Curry with potatoes, butter Beans
& carrots 300g x 1 *
Precooked Samp 200g x 1 *

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 3
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt sachet x 1



Shelf Life: minimum 1 year

Total Mass: 1.83kg

Total Kilojoules: 12 155

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Vanilla)

Lunch Meal

Precooked Beef & Vegetable Pasta 400g x 1 *

Snack Pack

Dried Fruit – Apricots 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Biscuits 4's x 1
Cheese 35g x 1
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Knife/fork/spoon set x 1
Matches Pack x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Creamy Chicken & Veg Soup 20g x 1

Evening Meal

Precooked Mexican Chicken Curry 300g x 1 *
Precooked BBQ Brown Rice 200g x 1 *

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 3
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt sachet x 1

Shelf Life: minimum 1 year
Total Mass: 1.85kg
Total Kilojoules: 12 125
Packed: Ziploc Pouch or Cardboard tray
Quantity per case : 12 units
Case Dimensions: 300 x 300 x 450
Pallet Quantity: 42
20ft Container: 630
40ft Container: 1300



GRADE B : MILITARY RATION PACK

24 HOURS

Day 1

Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Vanilla)

Lunch Meal

Precooked Beef Pasta & Veg 400g *

Snack Pack

Peanuts & Raisins 50g x 1
Dried Fruit peaches 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Matches Pack x 1
Knife/fork/spoon set x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Biscuits 4's
Cheese 35g x 2

Evening Meal

Soya Mince and Rice & Lentil Cook Pack 120g x 1
(chicken flavour)

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 2
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt Sachet x 1

Shelf Life: minimum 1 year

Total Mass: 1400 g

Total Kilojoules: 10 000

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



GRADE B : MILITARY RATION PACK

24 HOURS

Day 2

Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(strawberry)

Lunch Meal

Precooked Chicken Pasta & Veg 400g *

Snack Pack

Peanuts & Raisins 50g x 1
Dried Fruit Apricots 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Matches Pack x 1
Knife/fork/spoon set x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Biscuits 4's
Cheese 35g x 2

Evening Meal

Soya Mince and Rice & Lentil Cook Pack 120g x 1
(Beef flavour)

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 2
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt Sachet x 1

Shelf Life: minimum 1 year

Total Mass: 1400 g

Total Kilojoules: 10 240

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Banana)

Lunch Meal

Precooked Veg & Cream Chees e Pasta 400g x 1 *

Snack Pack

Peanuts & Raisins 50g x 1
Dried Fruit Orange Cubes 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Matches Pack x 1
Knife/fork/spoon set x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Biscuits 4's
Cheese 35g x 2

Evening Meal

Soya Mince and Rice & Lentil Cook Pack 120g x 1
(Curry Chicken flavour)

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 2
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt Sachet x 1



Shelf Life: minimum 1 year
Total Mass: 1400 g
Total Kilojoules: 9940
Packed: Ziploc Pouch or Cardboard tray
Quantity per case : 12 units
Case Dimensions: 300 x 300 x 450
Pallet Quantity: 42
20ft Container: 630
40ft Container: 1300



GRADE B : MILITARY RATION PACK

24 HOURS

Day 4

Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Original)

Lunch Meal

Precooked Brown Lentil , Bean & Veg stew 400g *

Snack Pack

Peanuts & Raisins 50g x 1
Dried Fruit raisins 75g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Matches Pack x 1
Knife/fork/spoon set x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Biscuits 4's
Cheese 35g x 2

Evening Meal

Soya Mince and Rice & Lentil Cook Pack 120g x 1
(Chicken flavour)

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 2
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt Sachet x 1

Shelf Life: minimum 1 year

Total Mass: 1400 g

Total Kilojoules: 10 050

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
(Vanilla)

Lunch Meal

Canned Meat 300g x 1
Biscuits 4's x 1

Snack Pack

Peanuts & Raisins 50g x 1
Energy Bar 45g x 1
Chewing Gum x 4
Vit C Sweets roll x 1
Fruit Puree 125g x 2

Non Food Items

Matches Pack x 1
Knife/fork/spoon set x 1

Price: P.O.A.

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Dried Fruit – Apricots 75g x 1

Evening Meal

Soya Mince and Rice & Lentil Cook Pack 120g x 1
(Beef flavour)

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 2
Tea Bag x 1
Coffee 3g x 1
Creamer 4g x 2
Sugar white 5g x 4
Sauce Sachet x 1
Salt Sachet x 1

Shelf Life: minimum 1 year

Total Mass: 1055 g

Total Kilojoules: 8800

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
 (strawberry)

Lunch Meal

Meatballs in spaghetti 400g x 1

Snack Pack

Peanuts & Raisins 50g x 1
 Energy Bar 45g x 1
 Chewing Gum x 4
 Vit C Sweets roll x 1
 Fruit Puree 125g x 2

Non Food Items

Matches Pack x 1
 Knife/fork/spoon set x 1

Price: P.O.A.

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Dried Fruit – Peaches 75g x 1

Evening Meal

Soya Mince and Rice & Lentil Cook Pack 120g x 1
 (Chicken flavour)

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 2
 Tea Bag x 1
 Coffee 3g x 1
 Creamer 4g x 2
 Sugar white 5g x 4
 Sauce Sachet x 1
 Salt Sachet x 1

Shelf Life: minimum 1 year

Total Mass: 1265 g

Total Kilojoules: 8230

Packed: Ziploc Pouch or Cardboard tray

Quantity per case : 12 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630

40ft Container: 1300



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1
 (banana)

Lunch Meal

Pilchards in Tomato 225g x 1
 Biscuits 4's x 1

Snack Pack

Peanuts & Raisins 50g x 1
 Energy Bar 45g x 1
 Chewing Gum x 4
 Vit C Sweets roll x 1
 Fruit Puree 125g x 2

Non Food Items

Matches Pack x 1
 Knife/fork/spoon set x 1

Mid morning meal

Dried Fruit – Mixed Fruit 75g x 1

Evening Meal

Soya Mince and Rice & Lentil Cook Pack 120g x 1
 (Beef & Veg flavour)

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 2
 Tea Bag x 1
 Coffee 3g x 1
 Creamer 4g x 2
 Sugar white 5g x 4
 Sauce Sachet x 1
 Salt Sachet x 1

Shelf Life: minimum 1 year
Total Mass: 1095 g
Total Kilojoules: 8430
Packed: Ziploc Pouch or Cardboard tray
Quantity per case : 12 units
Case Dimensions: 300 x 300 x 450
Pallet Quantity: 42
20ft Container: 630
40ft Container: 1300

Price: P.O.A.

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).



Morning Meal

Immuno-meal (Instant fortified porridge) 100g x 1 (original)

Lunch Meal

Vienna Sausages & Beans 400g x 1

Snack Pack

Peanuts & Raisins 50g x 1
 Energy Bar 45g x 1
 Chewing Gum x 4
 Vit C Sweets roll x 1
 Fruit Puree 125g x 2

Non Food Items

Matches Pack x 1
 Knife/fork/spoon set x 1

Price: P.O.A.

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 1000 units (mixed).

Mid morning meal

Dried Fruit – raisins 75g x 1

Evening Meal

Soya Mince and Rice & Lentil Cook Pack 120g x 1 (Curry Chicken & Veg flavour)

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 2
 Tea Bag x 1
 Coffee 3g x 1
 Creamer 4g x 2
 Sugar white 5g x 4
 Sauce Sachet x 1
 Salt Sachet x 1

Shelf Life: minimum 1 year
Total Mass: 1095 g
Total Kilojoules: 8780
Packed: Ziploc Pouch or Cardboard tray
Quantity per case : 12 units
Case Dimensions: 300 x 300 x 450
Pallet Quantity: 42
20ft Container: 630
40ft Container: 1300



Morning Meals

Immuno-meal (Instant fortified porridge) 100g x 3

Lunch Meal

Canned Meat 190g x 1

Pre-cooked Beef Curry beans with potatoes and carrots 300g x 1*

Precooked Chicken Pasta & Veg 400g x 1 *

Snack Pack

Peanuts & Raisins 50g x 3

Fruit Bar 32g x 2

Dried Fruit – Apricots 75g x 1

Energy Bar 45g x 3

Chewing Gum x 10

Vit C Sweets roll x 1

Fruit Puree 125g x 6

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 500 units (mixed).

Mid morning meal

Biscuits 4's x 3

Cheese 35g x 3

Peanut Butter 40g x 3

Evening Meal

Soya Mince (Beef)and Rice/Lentil Cook Pack 120g x 1

Soya Mince (Chicken) and Rice/Lentil Cook Pack 120g x 1

Soya Mince (Curry Chicken) and Rice/Lentil s 120g x 1

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 10

Tea Bag x 3

Coffee 3g x 3

Creamer 4g x 6

Sugar white 5g x 12

Sauce Sachet x 3

Salt Sachet x 3

Non Food Items

Matches Pack x 1

Knife/Fork/Spoon set x 3

Variant: 1

Shelf Life: minimum 1 year

Total Mass: 2.9kg

Total Kilojoules: 27500

Packed: Cardboard carton

Quantity per case : 4 units

Case Dimensions: 300 x 300 x 450

Pallet Quantity: 42

20ft Container: 630 cases

40ft Container: 1300 cases



Morning Meals

Immuno-meal (Instant fortified porridge) 100g x 7

Lunch Meal

Canned Meat 190g x 1

Pre-cooked Beef Curry Beans with Potatoes and carrots 300g x 1 *

Precooked Chicken Pasta and Veg 400g x 1 *

Precooked beef Pasta and Veg 400g x 1 *

Precooked Beef Curry, Beans & Veg 300g x 1 *

Precooked Brown Lentils & veg stew 400g x 1 *

Precooked Macaroni and Beef 400g x 1 *

Evening Meal

Soya Mince (Beef) and Rice/Lentil Cook Pack 120g x 2

Soya Mince (Chicken) and Rice/Lentil Cook Pack 120g x 2

Soya Mince (curry Chicken) and Rice cook pack 120g x 2

Soya Mince (Mutton) and Rice cook pack 120g x 1

Price: P.O.A

- Pricing as at: September 2014
- Price ex JHB Warehouse.
- Minimum quantities : 500 units (mixed).

Snack Pack

Peanuts & Raisins 50g x 3

Dried Fruit – Peaches 75g x 1

Dried Fruit – Raisins 75g x 1

Fruit Bar 32g x 1

Dried Fruit –Apricot 75g x 1

Energy Bar 45g x 7

Chewing Gum x 14

Vit C Sweets roll x 3

Fruit Puree 125g x 7

Biscuits 4's x 7

Cheesy 35g x 4

Peanut Butter 40g x 3

Beverage & Condiments Pack

Isotonic/Vitadrink with sleeve 25g x 7

Tea Bag x 7

Coffee 3g x 7

Creamer 4g x 14

Sugar white 5g x 28

Sauce Sachet x 7

Salt Sachet x 7

Non Food Items

Matches Pack x 2

Knife/Fork/Spoon set x 7

Variants: 1

Shelf Life: minimum 1 year

Total Mass: 7.3kg

Total Kilojoules: 63500

Packed: Cardboard Carton

Quantity per case : 1 unit

Case Dimensions: 300 x 300 x 220

Pallet Quantity: 84

20ft Container: 1260

40ft Container: 2600



Pricing: 2014

Price per ration pack based on following quantities ordered

Item	1000 Units	10 000 Units	100 000 Units	1 000 000 Units
Grade A Military Ration Packs 24 hrs (Day 1 – Day 8)	USD 26.00	USD 25.30	USD 24.30	USD 23.50
Grade B Military Ration Pack 24 hrs (Day 1 – Day 4)	USD 21.10	USD 20.40	USD 19.60	USD 18.90
Grade C Military Ration Pack 24hrs (Day 1 – Day 4)	USD 19.90	USD 19.00	USD 18.20	USD 17.20
Disaster Relief Pack: 3 day Pack	USD 53.20	USD 50.70	USD 47.70	USD 44.70
Aid Worker Weekly Pack: 7 days	USD 91.40	USD 87.90	USD 81.40	USD 76.60

- Price are quoted: Ex warehouse, Johannesburg, South Africa
- Exchange Rate Used: US\$1 = ZAR10.00
- Lead times are as follows:
 - Initial order is loaded 10 weeks from order
 - Subsequent orders are loaded 30 days from order (subject to size of order)
- Prices are valid until 31 December 2014
- Payment Terms: 100% upfront on placement of order
- Terms & Conditions apply.
- Note: Heating stove for precooked meals can be added upon request.

Sales Enquiries:



Finding & creating solutions is our speciality

Casper Oosthuizen
Chief Executive officer: Alpha Zero Consultants (Pty)Ltd.
Mobile: +27 79 113 9122
E-mail: casper@alphazeroconsultants.com
Skype: casper.azc
Web: www.alphazeroconsultants.com

Technical Enquiries:



Brian Moore
Managing Director: Sizani Foods – South Africa
Tel: +27 11 659-7048 / 9
Fax: +27 86 622 7161
Email: brian@sizani.co.za
Skype: brian.moore.sa
Web: www.sizani.co.za